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| **MONDAY** | **TUESDAY** | | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **03**  **Manager’s Choice**  **A picture containing clipart  Description automatically generated** | | **04**  **Manager’s Choice**  **A picture containing clipart  Description automatically generated** | **05**  **Manager’s Choice**  **A picture containing clipart  Description automatically generated** | **06**  **Manager’s Choice**  **A picture containing clipart  Description automatically generated** | **07**  **Manager’s Choice**  **A picture containing clipart  Description automatically generated** |
| **10**  **Manager’s Choice**  **A picture containing clipart  Description automatically generated** | **11**  **Manager’s Choice**  **A picture containing clipart  Description automatically generated** | | **12**  **Breakfast**  Breakfast Pizza Bagel  PB&J Breakfast Sandwich  Fruit Cup  **Lunch**  Three Cheese Calzone ***V***  Baked Chicken Tenders  PB&J Sandwich  WG Dinner Roll  Steamed Carrots ***V***  Steamed Broccoli ***V***  Fresh Fruit | **13**  **Breakfast**  Cheese Omelet Sandwich  PB&J Breakfast Sandwich  Fresh Fruit  **Lunch**  Chicken Quesadilla  Beef Nachos w/ Salsa***V option available***  PB&J Sandwich ***V***  Spicy Pinto Beans  Fresh Tossed Salad  Fruit Cup | **14**  **Breakfast**  Southern Chicken Filet Biscuit  PB&J Breakfast Sandwich  Fruit Cup  **Lunch**  Chicken Filet Sandwich  Juicy Stuffed Burger  PB&J Sandwich ***V***  Crinkle Cut Sweet Potato Fries ***V***  Bush’s Baked Beans ***V***  Fresh Fruit |
| **17**  **Breakfast**  Protein Packed Breakfast Boat  PB&J Breakfast Sandwich  Fruit Cup  **Lunch**  Fish Sandwich  Pizza Crunchers ***V***  PB&J Sandwich ***V***  Steamed Broccoli ***V***  Savory Green Beans ***V***  Fresh Fruit | **18**  **Breakfast**  Turkey Sausage, Cheese Omelet & Toast  PB&J Breakfast Sandwich  Fresh Fruit  **Lunch**  Roasted Chicken  Hamburger/Cheeseburger  PB&J Sandwich ***V***  Southern Biscuit  Glazed Sweet Potatoes ***V***  Mixed Veggies ***V***  Fruit Cup | | **19**  **Breakfast**  Southern Chicken Filet Biscuit  PB&J Breakfast Sandwich  Fruit Cup  **Lunch**  Chicken Quesadilla  Baked Chicken Tenders  PB&J Sandwich ***V***  Texas Toast  Fresh Tossed Salad ***V***  Steamed Carrots ***V***  Fresh Fruit | **20**  **Breakfast**  Breakfast Pizza Bagel  PB&J Breakfast Sandwich  Fresh Fruit  **Lunch**  Turkey Pot Pie w/ Biscuit  Beef Nachos w/ Salsa***V option available***  PB&J Sandwich ***V***  Black Beans ***V***  Mixed Veggies ***V***  Fruit Cup | **21**  **Breakfast**  Cheese Omelet Sandwich  PB&J Breakfast Sandwich  Fruit Cup  **Lunch**  Chicken Filet Sandwich  Juicy Stuffed Burger  PB&J Sandwich ***V***  Savory Green Beans ***V***  Seasoned Fries ***V***  Fresh Fruit |
| **24**  **Breakfast**  Turkey Sausage Biscuit  PB&J Breakfast Sandwich  Fruit Cup  **Lunch**  Fish Nugget w/ Hushpuppies  Pizza Crunchers  PB&J Sandwich  Vegetable Soup  Fresh Tossed Salad  Fresh Fruit | **25**  **Breakfast**  Turkey Bacon, Egg, & Cheese on Ciabatta  PB&J Breakfast Sandwich  Fresh Fruit  **Lunch**  Chicken (tenders) & Waffles  Hamburger / Cheeseburger  PB&J Sandwich  Wake Rounds  Mixed Veggies  Fruit Cup | | **26**  **Breakfast**  Southern Cheese Omelet Biscuit  PB&J Breakfast Sandwich  Fruit Cup  **Lunch**  Baked Lasagna***V option available***  Baked Chicken Tenders  PB&J Sandwich  Texas Toast  Garlic Sautéed Spinach  Straight Cut Fries  Fresh Fruit | **27**  **Breakfast**  Protein Packed Breakfast Boat  PB&J Breakfast Sandwich  Fresh Fruit  **Lunch**  Grilled Honey BBQ Rib Sandwich  Beef Nachos w/ Salsa ***V option available***  PB&J Sandwich  Spicy Pinto Beans  Steamed Broccoli  Fruit Cup | **28**  **Breakfast**  Southern Chicken Filet Biscuit  PB&J Breakfast Sandwich  Fruit Cup  **Lunch**  Chicken Filet Sandwich  Juicy Stuffed Burger  PB&J Sandwich  Southern Green Beans  Savory Sweet Potato Wedges  Fresh Fruit |

**USDA Non-discrimination statement:** <http://childnutrition.ncpublicschools.gov/information-resources/civil-rights/usda-non-discrimination-statement>

**June 2019** | MENU

Wake County Public School System

**K-5 Breakfast & Lunch Menu**

**K-5 Paid Meal Prices:**

Breakfast: $1.25

Lunch: $2.55

Adults: A la Carte Pricing

**K-5 Reduced Meal Prices:**

\*Breakfast: $0.30

Lunch: $0.40

\* The actual charge may be less, depending on funding

**Breakfast includes choice of:** Entrée, fruit & milk. Students must select a fruit/juice.

**Daily Breakfast Items:** • Assorted Milk • 100% Fruit Juice

**Additional Breakfast Options** • Variety of Cereals w/ Mozzarella Stick***V*** • Breakfast Box***V*** • Pop-tart***V***

**Lunch includes a choice of:** Entrée with grain/bread, 1-2 vegetables, 1-2 fruits & milk. Students must select a fruit and/or vegetable.

***V*** Symbolizes the daily vegetarian entree option

**Daily Lunch Items:** • Assorted Milk • Entree Salad***V***

• Smucker’s PB&J Sandwich

**Additional Lunch Options:**

• Yogurt Box***V*** • Mozzarella String Cheese Box***V*** • Fruit Parfait ***V*** • Hummus Box***V*** • Peanut Butter Box***V***• Ants on a Log Box ***V***

**Milk Choices:** • Fat Free Unflavored, Strawberry, Chocolate, and Vanilla

All “Additional” options are not available in all schools. Please contact your schools Dining Room Manager for additional menu information. Menu selection is subject to change at any time.



Manager’s Choice Days:

Please contact the Dining Room Manager of your site for menu information.