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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **03****Manager’s Choice****A picture containing clipart  Description automatically generated** | **04** **Manager’s Choice****A picture containing clipart  Description automatically generated** | **05****Manager’s Choice****A picture containing clipart  Description automatically generated** | **06****Manager’s Choice****A picture containing clipart  Description automatically generated** | **07****Manager’s Choice****A picture containing clipart  Description automatically generated** |
| **10****Manager’s Choice****A picture containing clipart  Description automatically generated** | **11****Manager’s Choice****A picture containing clipart  Description automatically generated** | **12****Breakfast**Breakfast Pizza BagelPB&J Breakfast SandwichFruit Cup**Lunch**Three Cheese Calzone ***V***Baked Chicken Tenders PB&J SandwichWG Dinner RollSteamed Carrots ***V***Steamed Broccoli ***V***Fresh Fruit | **13****Breakfast**Cheese Omelet SandwichPB&J Breakfast SandwichFresh Fruit**Lunch**Chicken QuesadillaBeef Nachos w/ Salsa***V option available***PB&J Sandwich ***V***Spicy Pinto BeansFresh Tossed SaladFruit Cup | **14****Breakfast**Southern Chicken Filet BiscuitPB&J Breakfast SandwichFruit Cup**Lunch**Chicken Filet SandwichJuicy Stuffed BurgerPB&J Sandwich ***V***Crinkle Cut Sweet Potato Fries ***V***Bush’s Baked Beans ***V***Fresh Fruit |
| **17****Breakfast**Protein Packed Breakfast BoatPB&J Breakfast SandwichFruit Cup**Lunch**Fish SandwichPizza Crunchers ***V***PB&J Sandwich ***V***Steamed Broccoli ***V***Savory Green Beans ***V***Fresh Fruit | **18****Breakfast** Turkey Sausage, Cheese Omelet & ToastPB&J Breakfast SandwichFresh Fruit**Lunch**Roasted ChickenHamburger/CheeseburgerPB&J Sandwich ***V***Southern BiscuitGlazed Sweet Potatoes ***V***Mixed Veggies ***V***Fruit Cup | **19****Breakfast** Southern Chicken Filet Biscuit PB&J Breakfast SandwichFruit Cup**Lunch**Chicken QuesadillaBaked Chicken TendersPB&J Sandwich ***V***Texas ToastFresh Tossed Salad ***V***Steamed Carrots ***V***Fresh Fruit | **20****Breakfast** Breakfast Pizza BagelPB&J Breakfast SandwichFresh Fruit**Lunch**Turkey Pot Pie w/ BiscuitBeef Nachos w/ Salsa***V option available***PB&J Sandwich ***V***Black Beans ***V***Mixed Veggies ***V***Fruit Cup | **21****Breakfast**Cheese Omelet SandwichPB&J Breakfast SandwichFruit Cup**Lunch**Chicken Filet SandwichJuicy Stuffed BurgerPB&J Sandwich ***V***Savory Green Beans ***V***Seasoned Fries ***V***Fresh Fruit |
| **24****Breakfast**Turkey Sausage BiscuitPB&J Breakfast SandwichFruit Cup**Lunch**Fish Nugget w/ HushpuppiesPizza CrunchersPB&J SandwichVegetable SoupFresh Tossed SaladFresh Fruit | **25****Breakfast**Turkey Bacon, Egg, & Cheese on Ciabatta PB&J Breakfast SandwichFresh Fruit**Lunch**Chicken (tenders) & WafflesHamburger / Cheeseburger PB&J SandwichWake RoundsMixed VeggiesFruit Cup | **26****Breakfast**Southern Cheese Omelet BiscuitPB&J Breakfast SandwichFruit Cup**Lunch**Baked Lasagna***V option available***Baked Chicken TendersPB&J SandwichTexas Toast Garlic Sautéed SpinachStraight Cut FriesFresh Fruit | **27****Breakfast**Protein Packed Breakfast BoatPB&J Breakfast SandwichFresh Fruit**Lunch**Grilled Honey BBQ Rib SandwichBeef Nachos w/ Salsa ***V option available***PB&J SandwichSpicy Pinto Beans Steamed BroccoliFruit Cup | **28****Breakfast**Southern Chicken Filet BiscuitPB&J Breakfast SandwichFruit Cup**Lunch**Chicken Filet Sandwich Juicy Stuffed BurgerPB&J SandwichSouthern Green BeansSavory Sweet Potato WedgesFresh Fruit |

**USDA Non-discrimination statement:** <http://childnutrition.ncpublicschools.gov/information-resources/civil-rights/usda-non-discrimination-statement>

**June 2019** | MENU

Wake County Public School System

**K-5 Breakfast & Lunch Menu**

**K-5 Paid Meal Prices:**

Breakfast: $1.25

Lunch: $2.55

Adults: A la Carte Pricing

**K-5 Reduced Meal Prices:**

\*Breakfast: $0.30

Lunch: $0.40

\* The actual charge may be less, depending on funding

**Breakfast includes choice of:** Entrée, fruit & milk. Students must select a fruit/juice.

**Daily Breakfast Items:** • Assorted Milk • 100% Fruit Juice

**Additional Breakfast Options** • Variety of Cereals w/ Mozzarella Stick***V*** • Breakfast Box***V*** • Pop-tart***V***

**Lunch includes a choice of:** Entrée with grain/bread, 1-2 vegetables, 1-2 fruits & milk. Students must select a fruit and/or vegetable.

***V*** Symbolizes the daily vegetarian entree option

**Daily Lunch Items:** • Assorted Milk • Entree Salad***V***

• Smucker’s PB&J Sandwich

**Additional Lunch Options:**

• Yogurt Box***V*** • Mozzarella String Cheese Box***V*** • Fruit Parfait ***V*** • Hummus Box***V*** • Peanut Butter Box***V***• Ants on a Log Box ***V***

**Milk Choices:** • Fat Free Unflavored, Strawberry, Chocolate, and Vanilla

All “Additional” options are not available in all schools. Please contact your schools Dining Room Manager for additional menu information. Menu selection is subject to change at any time.



Manager’s Choice Days:

Please contact the Dining Room Manager of your site for menu information.