

North Forest Pines Elementary

Kindergarten Readiness

What should you be working on with your child *PRIOR* to the start of Kindergarten?

Approaches Toward Learning

- Pays attention to task for short period of time (approximately 15 minutes)
- Is curious and/or confident in ability to learn
- Enjoys exploration and discovery through play

Social and Emotional Development

- Plays cooperatively and participates appropriately in a group
- Follows basic rules, routines and adapts to small changes
- Demonstrates some degree of independence and can separate from parents
- Seeks adult help when needed
- Respects people and property
- Begins to identify and express own feeling appropriately

Language Development

- Able to express needs and wants
- Follows simple directions
- Understands that books tell stories

Health and Physical Development

- Kindergarten Health Assessment Completed
 - ✓ Has had all required immunizations
 - ✓ Has had vision/hearing screening
- Demonstrates gross motors skills (can run, jump, climb, swing, catch & throw balls)
- Fine motor skills (using with scissors, puzzles, markers, pencils/crayons)
- Adopts hygiene habits into the school environment (flushing the toilet, washing hands, using a tissue when necessary, covering mouth and nose when coughing or sneezing using arm not hand)
- Eats unassisted, opening containers sent from home, juice boxes, properly uses utensils, etc...

- Independently puts on clothing (snap, button, zip or belt own clothes) and tie shoes.
- Takes care of belongings and put them away.

Cognition and General Knowledge

- Identifies self with first name (responds to first name).
- Recognizes their first and last name
- Recites their telephone number and address
- Awareness of self and family (names family members, number of siblings, youngest, oldest)
- Draws a picture of self
- Knowledge of the letters of the alphabet (recites alphabet, knows letters of own name, & difference between letter and a number)
- Identifies most colors and shapes
- Names some numbers and rote counts to 10
- Names some shapes (circle, square, triangle, rectangle)

Remember... all children grow, learn and develop at their own pace.

Please use this list as a guide to support your child as he/she prepares for Kindergarten.

For more information on the Kindergarten Standards visit:
 Common Core Standards - <http://www.corestandards.org/the-standards>
 Essential Standards - <http://www.dpi.state.nc.us/acre/standards/new-standards/>

